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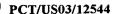
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WHAT IS CLAIMED IS:

- 1. A compound 8 to 80 nucleobases in length targeted to a nucleic acid molecule encoding hydroxysteroid 11-beta dehydrogenase 1, wherein said compound specifically hybridizes with said nucleic acid molecule encoding hydroxysteroid 11-beta dehydrogenase 1 and inhibits the expression of hydroxysteroid 11-beta dehydrogenase 1.
- 2. The compound of claim 1 which is an antisense oligonucleotide.
- 3. The compound of claim 2 wherein the antisense oligonucleotide has a sequence comprising SEQ ID NO: 20, 21, 22, 25, 26, 27, 28, 30, 31, 32, 33, 34, 35, 39, 40, 41, 42, 45, 46, 47, 49, 50, 51, 52, 53, 55, 57, 58, 59, 60, 61, 64, 65, 66, 67, 68, 73, 76, 78, 80, 82, 84, 86, 88, 89, 91, 92, 94, 97, 23, 24, 36, 37, 101, 102, 103, 105, 106, 107, 108, 109, 110, 111, 112, 113, 115, 117, 118, 119, 120, 121, 122, 125, 129, 130, 131, 132, 133, 134, 135, 139, 143, 145 or 155.
- 4. The compound of claim 2 wherein the antisense oligonucleotide comprises at least one modified internucleoside linkage.
 - 5. The compound of claim 4 wherein the modified internucleoside linkage is a phosphorothicate linkage.
- 6. The compound of claim 2 wherein the antisense oligonucleotide comprises at least one modified sugar moiety.
 - 7. The compound of claim 6 wherein the modified sugar moiety is a 2'-O-methoxyethyl sugar moiety.
 - 8. The compound of claim 2 wherein the antisense oligonucleotide comprises at least one modified nucleobase.

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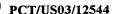
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- 9. The compound of claim 8 wherein the modified nucleobase is a 5-methylcytosine.
- 10. The compound of claim 2 wherein the antisense oligonucleotide is a chimeric oligonucleotide.
- 11. A compound 8 to 80 nucleobases in length which specifically hybridizes with at least an 8-nucleobase portion of an active site on a nucleic acid molecule encoding hydroxysteroid 11-beta dehydrogenase 1.
- 12. A composition comprising the compound of claim 1 and a pharmaceutically acceptable carrier or diluent.
- 13. The composition of claim 12 further comprising a colloidal dispersion system.
- 14. The composition of claim 12 wherein the compound is an antisense oligonucleotide.
- 15. A method of inhibiting the expression of hydroxysteroid 11-beta dehydrogenase 1 in cells or tissues comprising contacting said cells or tissues with the compound of claim 1 so that expression of hydroxysteroid 11-beta dehydrogenase 1 is inhibited.
- 16. A method of treating an animal having a disease or condition associated with hydroxysteroid 11-beta dehydrogenase 1 comprising administering to said animal a therapeutically or prophylactically effective amount of the compound of claim 1 so that expression of hydroxysteroid 11-beta dehydrogenase 1 is inhibited.
- 17. The method of claim 16 wherein the disease or condition is a metabolic disorder.
 - 18. The method of claim 17 wherein the metabolic disorder is selected from the group consisting of

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obesity, diabetes, atherosclerosis and hyperlipidemia.

19. The method of claim 16 wherein the disease or

condition is osteoporosis.

20. The method of claim 16 wherein the disease or

condition is depression.